Greenville University is proud to offer options in the hopes you can find a counselor that can best fit your needs.

GU offers the first six sessions.

Contact any of the options listed to make your appointment, tell them you are a GU student and take your student ID with you to your appointment, it's that simple to get started!



## **Counseling Options**

Questions? Contact Missy in the Experience Hub.



You can also contact Missy Durbin in the Community Life area of the Experience Hub

(618) 664-7121 missy.durbin@greenville.edu



## **Prairie Counseling Center**

If problems in your life are building up, relationships difficult or feelings of sadness are affecting your life, there is help available at Prairie Counseling Center (PCC). We are aware that seeking assistance and treatment for yourself or talking to someone about a loved one's problem with alcohol or drugs can be difficult. PCC is a community behavioral health clinic providing mental health and substance abuse services in Bond and surrounding counties.

Persons served, families, and significant others will feel a sense of ownership and empowerment regarding treatment via their involvement in the treatment planning and implementation process.

PCC services are confidential and private. We will not identify a



person as a consumer and/or release information about a consumer without written and informed consent from the consumer, life-threatening circumstances may be an exception.

Located at 1520 South 4th Street, Greenville Phone: (618) 664-1442 Hours: 8:30am-4pm, Mon.-Fri.

## Jubilee House

"Fear thou not; for I am with thee: be not dismayed; for I am thy God; I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness." Isaiah 41:10

The main goal of the Counseling branch of this agency is to instill hope for the hopeless, and to see, to hear, and to walk alongside any person, regardless of faith, gender, or

race who is in need, or impoverished of spirit. Our role in this community will



be to fill the gaps of need that currently exist, and to support and work alongside current agencies already operating. The counseling component of Jubilee House will provide psycho-social counseling informed by a spiritual perspective. Currently we have four Licensed Counselors on staff. With God's help, we will engage in healing relationships.

Located at 417 West College Avenue, Greenville Phone: (618) 664-2360 Hours: 9am-Noon on Monday, Tuesday, and Wednesday

## Carrie Ackerman

Carrie Ackerman is a Licensed Clinical Social Worker and completed her Master's Degree in Social Work at Saint Louis University. She has over 18 years of clinical experience across various settings, including outpatient clinics, crisis intervention, and private practice.

She has a broad range of clinical experience working with individuals in the following areas:

- Depression and Bipolar Disorder
- Anxiety Disorders
- Self-Harm Behavior
- Anger and Stress Management
- Trauma and Abuse
- Family and Relationship Issues
- Suicide Assessment and Risk Reduction
- Chronic Mental Illness

Located on GU Campus, in the lower level of the Library.

If you would like to schedule an appointment with Carrie, please email her at carrie.ackerman@greenville.edu.

If you have a mental health emergency, please call 911 as her email will only be checked periodically.